

Adrenal Support Formula

For Superior Adrenal Support*



The Adrenal Glands

The adrenal glands assist a multitude of vital functions within our bodies. Each gland, located atop the kidneys, is a virtual production house of hormones that govern fundamental bodily processes. The health and proper function of your adrenal glands not only determines how effectively they carry out this hormonal balancing act, but also how you feel on a daily basis. The adrenals send out these chemical messengers (hormones) in response to various stimuli to regulate basic bodily functions.

Adrenal Function

One of the most commonly known functions that the adrenal glands regulate is our response to stress, or what may be better known as the “fight or flight” mechanism. The adrenals assist the body in all manners of stress response, from the simple to the life threatening. When the body perceives a stressful event, the adrenals release a particular group of hormones that bring about physiological changes that help our body cope with that stressful stimulus. These hormones cause the heart rate to increase, stimulate the release of nutrient reserves the body uses for energy, dilate the pupils for enhanced

vision, and dilate the bronchioles for better breathing. All of these changes occur physiologically to allow us to adapt to and better manage stressful situations. Whether you’re running late for work, exercising, or avoiding a car accident, the adrenal glands help you perform at a heightened level.

What may be not as well known about the adrenals is the significant role they play in carbohydrate metabolism, blood glucose regulation and electrolyte (water-to-salt ratio) balance. Again, through the release of hormones from the adrenals, the body is able to metabolize carbohydrates and assist converting them into various forms of glucose (sugars). This glucose can then be used immediately by the body as an energy source, or stored away for later use. As for electrolytes, a balance is essential to maintain adequate hydration within the body for optimal muscle and nerve function.

How to Keep Your Adrenal Glands Healthy

Understanding the importance of the adrenals is the first step in learning how to take care of them. Some of the best health-related advice out there today starts with proper nutrition and plenty of regular exercise. This is no different for taking care of the adrenal glands. Eating a well balanced diet, a solid workout regimen and proper hydration all help the health of the adrenal glands. Having a stress management routine is also beneficial. Stress reducing behavior whether it be exercise, meditation, or knitting all lower the need for stress hormones to be produced by the adrenals; in turn allowing them to recharge.

It is important to take into account certain adrenal depleting activities that you can avoid to help support healthy adrenal function. Consumption of caffeine, tobacco products, and alcohol are believed to exhaust the adrenals. Also, diets high in fats, processed foods, fried foods, sodas, and excess sugars should be avoided, as they tend to put the adrenals through an unneeded workout. Considering the important job the adrenal glands have, it makes perfect sense to do all you can to help them stay healthy and operate properly.

Order Yours Today!
1-877-ROEX-NOW (763-9669)
or online at www.roex.com

Adrenal Support Formula from Roex®

Adrenal Support Formula is scientifically designed to support healthy adrenal function. This formula has been developed to provide nutritional support to these glands that play such a crucial role in the body and is a great addition to any healthy diet and exercise program.*

All of the ingredients in our Adrenal Support Formula have been specifically included to address the structure and function of the adrenal glands. Roex only uses the finest quality ingredients available. Our Adrenal Support Formula is a natural proprietary blend that provides these vital structures with the energy-giving nutrients they need for peak performance.*

Adrenal Support Formula Benefits

- Supports the body in fighting fatigue & maintaining healthy energy levels*
- Supports healthy hormone levels*
- Supports the healthy fluid and electrolyte regulation*

Other Roex® Products That Work Well With Adrenal Support Formula:

Vitamin C Mineral Ascorbates: Supports tissue health and enhances immune function.*

B-Complex: Great for energy enhancement and to maintain healthy nerves.*

Thyroid Support Formula: Contains ingredients that support carbohydrate, lipid, and protein metabolism.*

- Adrenal Support -

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

	Amount per Serving	% DV
Vitamin C (as Ascorbic Acid)	50 mg	83%
Vitamin B1 (as Thiamine HCl)	5 mg	333%
Vitamin B2 (as Riboflavin)	5 mg	294%
Vitamin B6 (as Pyridoxine HCl)	0.5 mg	25%
Folic Acid	400 mcg	100%
Iodine (as Kelp)	100 mcg	66%
Magnesium (as Magnesium Citrate and Magnesium Gluconate)	20 mg	5%
Chromium (as Chromium Chelate)	100 mcg	83%
Proprietary Blend	662 mg	*
<small>Bacopa Monnieri Flower, Panax Ginseng Root, American Ginseng Root, Eleuthero Root, Rhodiola Rosea Root Ext, Ashwagandha Root Ext, Astragalus Root, Holy Basil Leaf, L-Tyrosine, Gotu Kola Leaf, Cayenne Pepper Ext, Ginger Root Ext, Green Tea Ext, Royal Jelly, Carcinia Cambogia Fruit Ext, CO Q-10, L-Carnitine Tartrate, DHEA, Pregnenolone, Alpha Lipoic Acid, Octacosanol, Inositol Hexanicotinate, and Vanadyl Sulfate</small>		

* Daily Value (DV) not established

Directions: Take two (2) tablets once a day with water, preferably in the morning.

Other Ingredients: Dicalcium phosphate, cellulose, stearic acid, silicon dioxide, croscarmellose sodium and magnesium stearate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

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