

CitriGenics® I



With so many different fat loss supplements available on the market today, it can easily turn into a case of “information overload” when trying to figure out which ones are best for you. Supplements such as CitriGenics® I that offer thermogenic and lipotropic processes has become more and more popular.*

Benefits of Enhanced Thermogenic and Lipotropic Processes

Helps to Convert Fats & Carbohydrates into Energy*

The lipotropic process helps to regulate the conversion of carbohydrates to fat. In today’s diet, highly processed and refined carbohydrates have become dietary staples. Many diets such as the Atkins Diet, have gained popularity based on research showing the effect of carbohydrates on weight gain. Supplements with ingredients that improve the lipotropic process helps your body to regulate the conversion of carbohydrates to fats, and allows your body to use the carbohydrates for fuel, as opposed to storing them.*

Just as the lipotropic process helps to regulate the conversion of carbohydrates to fat, the thermogenic process promotes the body’s ability to convert fat into energy. The body’s ability to convert fat into energy helps to keep fat from being stored. The body’s natural tendency is to store fat due to primitive man needing fat storage when food supply levels became low. In the modern world, there is an overabundance of food, making fat storage a health issue opposed to a survival mechanism.*

CitriGenics® I boosts Weight Management*

Supplements enhancing the thermogenic and lipotropic processes in the body act as natural energy boosters, and should be taken during the daytime for best results. CitriGenics® I has added panax ginseng, green tea, carnitine, spirulina and B12 that helps sustain energy levels and also act as a natural appetite suppressors.*

Role of CitriGenics® I in the Body

The thermogenic process in the body helps increase the metabolism of the body’s adipose tissue, in turn generating heat. Adipose tissue or fat is loose connective tissue that is used to store energy in the form of fat while cushioning and insulating the body. The Lipotropic process consists of compounds that help catalyze the breakdown of fat during metabolism in the body, working in unison with the thermogenic process to properly break down and utilize energy provided through fat and carbohydrate intake.*

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or online at www.roex.com

A study completed by the Department of Physical Education at Boise State University, focused on the benefits of lipotropic supplementation on weight management; “Results indicate that the addition of a natural dietary supplement containing lipotropic compounds during a 4-week diet-and-exercise weight-loss program accelerates the rate of body fat loss and helps maintain fat-free mass (lean tissue), thereby producing favorable changes in body composition.”*

Why Citrigenics® I?

Roex® Citrigenics® I is a superior formula for supporting healthy weight management when used in combination with diet and exercise. It contains a combination of 25 different vitamins and herbal products that assist in the thermogenic and lipotropic processes in the body. Citrigenics® I can even be used as a “multi-vitamin” due to added amounts of vitamins B6, B12 and folic acid that support healthy homocysteine levels and protect the heart and brain.*

Citrigenics® I contains the potent ingredient, cayenne, which acts as a catalyst that synergistically increases the effectiveness of the overall formula. Panax ginseng, green tea, carnitine, spirulina, and B12 all act as potent ingredients for energy and rejuvenation.*

**** For safety purposes, Roex Citrigenics® I is Ephedra-free.**

Notable Sources

<http://ods.od.nih.gov>, National Institute of Health, Office of Dietary Supplements

Department of Physical Education, Boise State University, ID 83725, USA. PMID: 10345151 [PubMed - indexed for MEDLINE]

Citrigenics® I		
Supplement Facts		
Serving Size: 3 Tablets		
Servings Per Container:40		
	Amount Per Serving	% DV
Vitamin A (as Vitamin A Acetate)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	50 mg	83%
Vitamin E (as D-alpha Tocopheryl Acetate)	15 IU	50%
Vitamin B2 (as Riboflavin)	10 mg	588%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B6 (as Pyridoxine HCl)	10 mg	500%
Folic Acid	200 mcg	50%
Vitamin B12 (as Methylcobalamin)	3 mcg	50%
Biotin	150 mcg	50%
Iodine (as Potassium Iodide and Kelp)	150 mcg	100%
Chromium (as Chromium Polynicotinate)	100 mcg	83%
Potassium (as Potassium Chloride and Potassium Iodide)	12 mg	<1%
Proprietary Blend	1,475 mg.....*	
Garcinia Cambogia Fruit Extract, L-Carnitine Tartrate, Green Tea Leaf Extract, Cayenne Pepper Fruit Extract (40,000 H.U.) American Ginseng Root Extract, Choline Bitartrate, Inositol, Ginger Root, Spirulina, Yerba Mate Leaf Extract and Betaine HCl.		

* Daily Value not established

Directions: Take three (3) tablets daily, preferably one (1) with each meal.

Other Ingredients: Dicalcium phosphate, cellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate and titanium dioxide.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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