

Mother's Gift®

Colostrum



The chaotic pace of today's lifestyle can take its toll on us both physically and mentally. One of the first signs of "life overload" is the weakening of the immune system. A proper functioning immune system is the key to good health due to the immune system being your body's number one defense.

Why Supplement with Colostrum?

Immune Support*

A study was completed by the School of Human Movement Studies, The University of Queensland, Australia, focusing on the benefits Bovine Colostrum offers the immune system. Twenty-nine highly trained male road cyclists completed an initial 40km time trial and were then randomly assigned to either 10 grams of Bovine Colostrum per day or a placebo. After 5 weeks of supplementation, the cyclists completed a second 40km time trial. The study found that low-dose Bovine Colostrum supplementation modulated immune parameters during normal training and after an acute period of intense exercise. This shows that Bovine Colostrum is even beneficial to people who put an extreme amount of strain on their immune system on a consistent basis.*

Tissue Growth & Repair*

Bovine Colostrum offers benefits other than just immune system support. It has been used to help increase tissue growth and repair. The University Division of Gastroenterology, Leicester General Hospital, completed a study observing Bovine Colostrum's effect on gut tissue repair. The study concluded that Bovine Colostrum could provide a novel approach in minimizing the effects of NSAIDs on gut tissue and may also be of value for a healthy bowel.*

Promoting Lean Muscle Growth*

Bovine Colostrum has displayed the ability to increase lean muscle mass. In a recent study, Bovine Colostrum was tested to see if supplementation resulted in an increase of lean muscle mass. "We found that lean body mass improved significantly - by 3 to 4 pounds - but there was no change in fat and no change in exercise performance," says lead author Jose Antonio, PhD, a researcher at the University of Delaware in Newark. After an eight-week study, the placebo group that was given whey protein just gained mass; whereas, the group given Bovine Colostrum had a significant increase in lean mass.*

The Role of Bovine Colostrum in the Body

Immune Information molecules: Bovine Colostrum contains transfer factors, which are "immune information" molecules that "inform" other immune cells regarding their immune responses to various agents. This increased ability in cellular communication allows the immune system to work faster and more effectively.*

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or online at www.roex.com

Proline-Rich-Polypeptides: Bovine Colostrum contains Proline-Rich-Polypeptides (PRP). PRPs have been known for their immune supporting properties.*

Lactoferrin: Bovine Colostrum is a rich source of Lactoferrin. Lactoferrin is an iron binding glycoprotein that acts as a frontline defense for the immune system.*

Growth hormones: Many nutritional experts feel that one of the prime causes of aging is the decrease of growth hormone levels in the human body as we age. Bovine Colostrum is a rich source of many different growth factors including growth hormones. Growth hormones help to promote lean muscle mass, tissue growth and repair.*

Added Benefits of Roex® Mother's Gift® Colostrum

Quality as Priority

Excessive heat can destroy many of colostrum's wonderful virtues; Roex® utilizes a special low heat process to protect the potency of its colostrum. The bovine colostrum used by Roex® is of the highest quality. The cows are pasture fed, organically grown and bred under the highest standards. Our colostrum is certified free of unnatural growth hormones and antibiotics.*

Added Taurine

Roex® Mother's Gift® Colostrum Capsules include 500mg per serving of the amino acid Taurine, which is supportive of cardiovascular function.

Notable Sources:

- 1) "Supplements for Strength-Power Athletes" by Jose Antonio, PhD, Jeffrey R. Stout
- 2) PMID: 17095643 [PubMed - indexed for MEDLINE] The University of Queensland, St. Lucia, Queensland, Australia 4072.
- 3) PMID: 10205201 [PubMed - indexed for MEDLINE] University Division of Gastroenterology, Leicester General Hospital, Gwendolen Road, Leicester LE5 4PW, UK

| Mother's Gift® Colostrum capsules | | |
|-----------------------------------|----------|---|
| Supplement Facts | | |
| Serving Size: 2 Capsules | | |
| Serving Per Container: 60 | | |
| Amount per Serving | % DV | |
| Bovine Colostrum | | |
| (20%IgG, 2-3% Transfer Factor) | 1,000 mg | * |
| Taurine | 500 mg | * |
| * Daily Value not established | | |

| Mother's Gift® Colostrum Powder | | |
|--|----------|---|
| Supplement Facts | | |
| Serving Size: 1 rounded tsp (approx. 5 g.) | | |
| Serving Per Container: about 40 | | |
| Amount per Serving | % DV | |
| Colostrum | | |
| (20%IgG, 2-3% Transfer Factor) | 5,000 mg | * |
| *Daily Value not established | | |

DIRECTIONS (capsules) : As a dietary supplement, take two (2) or more capsules, two times daily on an empty stomach with eight ounces of water.

DIRECTIONS (powder) :As a dietary supplement, dissolve one serving (1 tablespoon) in 6-8 oz. of any liquid of your choice daily. Works well with Roex® Whey Protein Shakes.

THIS PRODUCT CONTAINS MILK.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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KEEP OUT OF THE REACH OF CHILDREN

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