

# FOR YOUR EYES ONLY®

## SUPPORT FOR YOUR EYES\*



Roex® For Your Eyes Only® is a specialized formulation designed to support eye health and vision. Our natural antioxidant and vitamin/mineral supplement combination contains Bilberry Extract, Lutein, Eyebright, Pomegranate Extract, Curcumin, N-AcetylCysteine and several other nutrients for optimum ocular health. With proper nutritional input, our eyes can serve us faithfully all of our life!\*

Most of us take our eyes for granted, and many stressors in today's environment pose a threat to our vision. Ultraviolet light, pollution, smoke, poor diet and computer monitors assault our eyes daily. Although it is nearly impossible to avoid sunlight or computers altogether, we can take measures to protect and maintain our eye health by eating properly, exercising, staying hydrated, avoiding smoke, scheduling regular eye exams, and taking Roex® For Your Eyes Only® on a daily basis.\*

Taking these protective measures seems especially important in a time when nutritional requirements are increasing due to the negative impact that environmental toxins are having on our food sources - and our physical well-being. We are getting less of what we require from our daily dietary intake, and surprisingly, a deficiency of just one nutrient can lead to various eye problems. Keeping structure and function in mind, Roex® developed For Your Eyes Only® specifically for the needs and physiology of the eyes. With proper care and support of our eyes, we can help preserve our eyesight as we grow older.\*

Bilberry also assists in the strengthening of connective tissue and the formation of new capillaries. The anthocyanosides present in bilberry assist in protecting the body from damage by free radicals. In addition, the active ingredient in bilberries has been found to be beneficial for the cardiovascular system.\*

Let's take a look at the antioxidants, vitamins and minerals in For Your Eyes Only®:

**Eyebright:** A herb used for overall eye health.\*

**Pomegranate Seed Extract:** Pomegranates are proving to be very powerful antioxidants and maybe help to prevent free radical damage to the lens of the eye.\*

**Curcumin:** Curcumin, the active principle of turmeric, has been shown to have antioxidant properties that further deter free radical damage from occurring in the eyes.\*

**N-Acetyl Cysteine:** A precursor of glutathione which has shown to protect the eyes from free radical damage.\*

**PC-95®:** Grape Seed Extract, PC-95, contains powerful antioxidant properties.\*

**Vitamin A:** Vitamin A has strong antioxidant properties that neutralize the free radicals in the body that cause tissue and cellular damage. It also helps the eyes adjust to light and stay moist. Vitamin A is vital for normal visual function.\*

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**Vitamin C:** Vitamin C is required by all tissues of the body. Our eyes deteriorate without adequate supplies of Vitamin C. An indication of the importance of Vitamin C to eyesight is the fact that the concentration of Vitamin C in the vitreous humor (the clear liquid in the eyeball) is about 25 times our serum level (the level in our blood), the retina 100 times.\*

**Vitamin E:** Vitamin E is an important antioxidant that must be obtained from natural sources. It is capable of breaking free-radical chain reactions, especially those reactions occurring in the fats of cell membranes. Other functions of Vitamin E include the stabilization of cell membranes, protecting the lungs from air pollutants, and protecting the tissues of the skin, eyes and muscles.\*

**Zinc:** Zinc is an essential trace mineral. Every cell in the body needs this nutrient and hundreds of body processes rely on it, from the immune system and the enzymes that produce DNA to the senses of taste and smell. Zinc appears to boost the effectiveness of Vitamin A and keep the eyes healthy. In addition, zinc plays a critical role in the functioning of the retina and the light-sensitive area known as the macula found within it.\*

**Selenium:** Selenium is an important free radical destroyer that works synergistically with Vitamin E.\*

**Copper:** Copper is a mineral that is important for the health of the eye.\*

— For Your Eyes Only® —

## Supplement Facts

Serving Size: 2 Tablets  
Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin A (as Beta-Carotene)	5,000 I.U.	100%
Vitamin C (as Calcium Ascorbate)	100 mg	166%
Vitamin E (as Succinate and alpha-, beta-, gamma- and delta- tocopherols)	100 IU	333%
Zinc (as Zinc Chelate)	15 mg	100%
Copper (as Copper Chelate)	1 mg	50%
Lutein	10 mg	*
Grape Seed Extract	30 mg	*
<b>Proprietary Blend</b>	255 mg	*
Bilberry Fruit Extract, Eyebright Flower Extract, Tumeric Rhizome Extract, Pomegranate Seed Extract, Cayenne Pepper Fruit Extract, N-Acetyl Cysteine		
*Daily Value (DV) not established		

**Directions:** Take two (2) tablets, on an empty stomach, twice daily with an 8 ounce glass of water.

**Other Ingredients:** Cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, silicon dioxide and magnesium stearate.

**WARNING:** Consult your physician prior to use if you are pregnant, nursing, have a medical condition or are taking medications. Not intended for children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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