

A Natural Supplement FOR **KIDNEY AND BLADDER SUPPORT***



It's easy to forget about our kidneys and urinary tracts when other bodily systems, namely the circulatory, respiratory, immune, and digestive, seem to receive greater attention. Some of the most critical responsibilities of this system include controlling the composition of body fluids, removing toxins and waste from the blood, as well as helping regulate certain metabolic processes. These responsibilities share very close ties to every organ and system in the body. In other words, your urinary system doesn't work alone in a vacuum, and cannot be perceived or treated as an isolated system.

To help support the health and maintenance of your kidneys and bladder we've designed a natural blend of herbal extracts in a complete supplement with added potassium. This proprietary formula helps rid the tissues of excess fluid to detoxify the body. Additionally, it strengthens the bladder, promoting normal emptying while replenishing the potassium lost through urination.*

The Ingredients of KIDNEY AND BLADDER SUPPORT

Let's take a closer look at our 12 superior ingredients and what they can do in addition to supporting your kidneys and bladder:

Potassium: Potassium serves many vital roles in the body. Foremost, it's essential for carbohydrate metabolism, protein synthesis and insulin secretion. In other words, it's vital for the production of energy. Working closely with sodium and chloride, potassium also maintains pH balance and fluid distribution within the body. Specific to the kidneys, potassium helps keep other minerals in solution in the urine.*

Fennel powder: Fennel is a member of the Apiaceae/Umbelliferae or carrot family. A rich source of beta-carotene, vitamin C, calcium, magnesium, and iron, supports the digestive system and menstrual issues.*

Horsetail powder: Also known as "shavegrass," this brush-like perennial is related to ferns; it's named for the bristly appearance of its hollow, jointed stems. This flowerless plant contains large amounts of silica and silicic acids (silica is used by the body in the production and repair of connective tissues). Horsetail is also used for its diuretic and astringent properties, making it zuseful for bladder and prostate support. Research has shown that horsetail increases the number of enzymes that improve the functioning of the entire immune system.*

Watermelon seed powder: Watermelon seeds contain the amino acids citrulline and arginine, both of which are thought to increase urea production in the liver, thus promoting healthy urine flow. The synthesis and elimination of urea is essential for removing toxins from the body.*

Corn silk powder: Corn silk has many benefits for the kidney and bladder. Known as a diuretic that can help maintain a healthy bladder and prostate, it also helps reduce uric acid and stimulates the cardiac muscles in a positive manner. Corn silk works well with many occasional urinary problems including painful urination.*

Dandelion leaf powder: Has been used for indigestion, liver and gallbladder support. It acts by straining and filtering toxins and wastes from the bloodstream, thus assisting the job of the kidneys. Dandelion is also thought to benefit the spleen and support the health of the pancreas.*

Fo-ti powder: Also called Ho-shou-wu, Fo-ti is a woody perennial native to China. Deeply embedded in traditional Chinese medicine, this plant and its roots are still used today for various ailments. Backed by scientific research and studies, it contains natural derivatives for maintaining healthy blood cholesterol levels already in the normal range. What's good for the circulatory system is good for the urinary tract. A healthy circulatory system supports optimal kidney performance.*

Plantain powder: This plant is a low-growing, common roadside herb in tropical areas of the world. It acts as a natural diuretic.

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Uva Ursi powder: Uva Ursi, also known as mountain cranberry or “bearberry” (in honor of the bears so fond of its bright red or pink berries), is a shrub that typically grows in elevations of about 6,000 feet. This herb concentrates on the urinary system, to help keep it healthy. It contains vitamin A, iron, manganese, selenium and silicon. Additionally, Uva Ursi provides a substance called arbutin, which supports the elimination of toxins from the urinary tract.*

Juniper berries powder: It’s an excellent cleanser of the blood and also helps to tone the pancreas. Juniper berry is also good for intestinal support.*

Parsley leaf powder: Parsley, with its distinguishing spicy smell, is the most common kitchen herb, and a well known diuretic. The presence of apiol, myristicin and other flavonoids in parsley work to stimulate urination, help flush excess water from the body, and provide relief.*

The All-in-One Balanced Blend

You’ve just seen how versatile these botanicals and herbs can be for promoting health and wellness. They possess a multitude of powers beyond just acting upon the urinary system alone. But we’ve designed our KIDNEY AND BLADDER SUPPORT with the urinary system specifically in mind. These pure, natural ingredients have been specially combined to work not only your body, but with each other for superior performance and effectiveness.*

Kidney and Bladder Support*

Supplement Facts
Serving size: 2 Tablets
Servings per Container: 60

	Amount Per Serving	% DV
Potassium (as Potassium Citrate)	49.5 mg	<2%
Proprietary Blend	1,425 mg	*
Juniper Berries, Parsley Leaf, Corn Silk, Dandelion Root, Fo Ti Root, Plantain Leaf, Uva Ursi Leaf, Fennel Seed, Horsetail Extract, Peach Fruit, Watermelon Seed		

*Daily Value (DV) not established

Directions: Take two (2) tablets in the morning.
Other Ingredients: Dicalcium phosphate, cellulose, stearic acid, croscarmellose sodium, silicon dioxide and magnesium stearate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

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